

### **Explanation of Managed Care**

The City of Saint Paul and the Saint Paul Regional Water Services has contracted with CorVel to provide managed care services for work-related injuries and illnesses. If you are injured, a nurse case manager will review your file, and will possibly monitor your injury to ensure that you receive the most timely and most appropriate medical care to enable you to return to work as soon as possible.

The City and CorVel share the goal of improving the quality of health care received by injured employees using a network of primary and specialty care physicians. CorVel has a network of physicians available for you, as the injured employee, to treat with. Unless you have an established past treatment relationship with your own provider, you must treat with a physician within the managed care network.

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